

BUILD YOUR OWN Starts at \$8

Bases

(choose up to 2)

- mixed greens
- supermix
- romaine
- kale
- iceberg
- spinach
- quinoa
- wild rice

Toppings

(choose up to 6
-extras \$1 each)

- apples
- artichoke hearts
- basil
- beets
- black beans
- black olives
- broccoli
- candied walnuts
- caramelized onion
- cauliflower
- cherry tomatoes
- chives
- corn
- cucumber
- chickpeas
- crispy chickpeas
- croutons
- crushed peanuts
- dried cranberries
- hazelnuts
- hummus
- jalapeno peppers
- mandarin oranges
- mint
- nutritional yeast
- pepitas
- pepperoncini
- pickled carrots
- pickled red onion
- purple cabbage
- rainbow carrots
- red onion
- red peppers
- roasted potatoes
- roasted mushrooms
- roasted red peppers
- roasted vegetables
- sesame seeds
- sundried tomatoes
- sunflower seeds
- tortilla strips
- wonton strips

Proteins

- bacon +\$3
- chicken +\$3
- smoked salmon +\$5
- steak +\$4
- tofu +\$3

Premium Adds

- avocado +\$1
- hard-boiled egg +\$1

Cheeses

(\$1 each)

- blue cheese
- cheddar
- goat cheese
- feta
- parmesan
- pepperjack
- romano

Dressings

- almond honey mustard
- blue cheese
- caesar
- campfire ranch
- creamy pesto
- jalapeno ranch
- ranch
- thousand island
- yogurt tzatziki

Vegan Dressings

- green goddess
- lemon herb vin.
- miso ginger
- pineapple basil vin.
- triple citrus vin.
- wild berry vin.
- white balsamic
- vegan ranch

BUILD YOUR OWN SOUP

Starts @ cup \$3 / bowl \$5

Choose 1 stock:
veg/chix/tomato/cream

Add a:

- veg: \$.50
- protein/cheese/avo \$1
- smoked salmon \$2



*Fueled by
nature*

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Open Mon-Sat.
10:30am to 7:30pm

www.vegsaladcraft.com

CALL-IN
TAKE OUT
FALL/WINTER MENU

Veg Signature Salads

CREAMY PESTO CHICKEN romaine and baby spinach, chicken, tomatoes, black olives, red onion, artichoke hearts, basil, grated parmesan, romano, **creamy pesto dressing** *GF, nuts* reg 11/large 13

CBR (chicken bacon ranch) baby spinach, chicken, bacon, roasted mushrooms, caramelized onions, goat cheese, hard-boiled egg, **classic ranch dressing** *GF* reg 11/large 13

BLACK DIAMOND chopped romaine and iceberg, steak, caramelized onions, tomatoes, crumbled blue cheese, roasted red peppers, chives, **campfire ranch dressing** *GF* reg 12/large 14

MARATHON mixed greens, cucumber, black olives, red onions, sun-dried tomatoes, charred fennel, artichoke hearts, tomatoes, hummus, feta cheese, **tzatziki dressing** *vegetarian, GF* reg 9/large 11

DIRTY BIRD romaine, pico de gallo, roasted corn, black beans, pepperjack cheese, avocado, chicken, tortilla strips, SW spice mix **jalapeno ranch dressing** *GF* reg 11/large 13

ISLAND TIME mixed greens, pickled red onions, cucumber, shredded carrots, purple cabbage, crushed peanuts, sesame seeds, *vegan, nuts, GF* **pineapple basil dressing** reg 8/large 10

PNW shredded kale and spinach, smoked salmon, sweet potato, beets, crumbled blue cheese, Oregon hazelnuts, *nuts, GF*, **wild berry vinaigrette dressing** reg 13/ large 15

BUDDHA BOWL mixed greens, tofu, black beans, corn, red onion, tomato, red pepper, shredded rainbow carrots, *vegan* **miso ginger dressing** , reg 8/ large 11

ALL KALE CAESAR! shredded kale, roasted sweet potatoes, shaved parmesan, croutons, romano, *vegetarian, GF* **classic Caesar dressing**, reg 8/large 10

CAESAR romaine, parmesan, garlic herb croutons, romano, *vegetarian*, **classic caesar dressing**, reg 6/ large 8

WEDGE iceberg, cherry tomatoes, red onion, bacon *GF*, **classic blue cheese dressing** reg 8/large 10

COBB iceberg, tomatoes, crumbled blue cheese, avocado, chicken, bacon, egg, *GF*, **white balsamic vinaigrette** reg 11/large 14

CHINESE CHICKEN romaine and iceberg, shredded carrots, red onion, celery, purple cabbage, mandarin oranges, chicken, wonton strips, **miso ginger dressing**, reg 11/ large 13

CHICKPEA GARBANZO romaine and arugula, cucumber, tomato, artichoke hearts, red onion, chickpeas, hummus, mint, basil, feta, *vegetarian GF*, **tzatziki dressing** reg 10/ large 12

HARVEST arugula, mixed greens, sweet potatoes, corn, mushrooms, apple, roasted vegetables, chives, pepitas, chickpeas, *vegan, GF*, **green goddess dressing** reg 10 / large 12

SNAKEBITE romaine and iceberg, sliced jalapeno peppers, pepperjack, red onion, pepperoncini, spicy serrano chili chicken, *GF*, **jalapeno ranch**, reg 10/ large 13

NW BRUNCH arugula, quinoa, fried or hard-boiled egg, cherry tomatoes, cucumber, goat cheese, pickled red onion, smoked salmon, *GF*, **triple citrus vinaigrette dressing**, reg 12/ large 14

BACON AND EGGS mixed greens, roasted potatoes, fried or hard-boiled egg, bacon, avocado, cherry tomatoes, goat cheese, croutons, **almond honey mustard dressing**, reg 10/ large 12

DAWN PATROL kale and baby spinach, quinoa, roasted corn, purple cabbage, rainbow carrots, hard-boiled egg, *vegetarian, GF*, **green goddess dressing** reg 8/ large 10

OH, KALE YES warm wild rice, warm mushrooms and tofu, kale, beets, cucumbers, basil, pepitas *vegan*, **miso ginger dressing** reg 10

BIG WARM VEGAN BOWL warm quinoa, warm roasted vegetables, sweet potatoes, caramelized onions, brussel sprouts, chickpeas, black beans, corn, spinach, sunflower seeds *vegan, GF*, **vegan ranch**, reg 12

BIG SMOKEY STEAK BOWL warm wild rice, warm mushrooms, brussel sprouts, caramelized onions, bacon and steak, spinach, tomatoes, blue cheese, chives, *GF*, **campfire ranch dressing** reg 14

THREE SISTERS warm wild rice, warm roasted corn, black beans, sweet potato, caramelized onions, smoked salmon, spinach, pepitas, dried cranberries, *GF*, **wild berry vinaigrette dressing**, reg 14

QUINOA kale, quinoa, sweet potato, corn, avocado, basil, *vegan, GF*, **pineapple basil vinaigrette**, 8

WILD RICE spinach, seasonal apple, dried cranberries, shredded carrots, sunflower seeds, *vegan, GF*, **wild berry vinaigrette dressing**, 8

Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness